

Ovarian cancer patients, survivors and caregivers are invited to help test a new support system

September 17-28, 2018

STEPS THROUGH OC is a new program offering support, patient education and counseling for women living with ovarian cancer (now or in the past), their families and caregivers. Through this national program, soon to enter its pilot phase, professional ovarian cancer counselors help navigate each person's unique OC experience. Our goal is to support physical and emotional health so people feel, function and live well.



You are invited to participate in a “field test” of Steps Through OC

We seek 10-20 ovarian cancer survivors and caregivers to evaluate the Steps Through OC support system. Participants will be matched with an ovarian cancer counselor to discuss topics such as making medical decisions, finding emotional and social support, managing treatment and locating practical resources. As a volunteer, you will:

Complete a registration form including details about your first diagnosis and current condition

Complete a survey assessing your needs and concerns

Participate in a phone or video orientation with an OC counselor

Complete standard assessments of your symptoms, well-being, stress levels, and practices as a self-advocate

With your counselor, explore topics related to your highest priority concerns

Look through educational materials customized to fit your situation

Receive personalized referrals and links to resources in your community

Provide guided feedback about your experience (via phone and an online survey)

Share additional observations and suggestions

Have the option to continue conversations with your counselor

CONFIDENTIALITY This entire process is confidential and electronic communication is sent through a secure portal. We provide clear details about privacy for your review before you consent to participate.

TIME COMMITMENT Average participation will be 3-4 hours over ten days (September 17-28, 2018).

THANK YOU On completion, participants will receive a Visa gift card.

WANT TO VOLUNTEER? If you're a patient, survivor, family member or other caregiver, email fieldtest@stepsthrough.org or call 866.830.5134 (toll free) to participate in this field test.



**STEPS
THROUGH
OC**

**SUPPORT FOR LIFE
WITH OVARIAN CANCER**

www.stepsthrough.org

Steps Through OC is a nonprofit program sponsored by The Clarity Foundation (clarityfoundation.org) and Susan Poorman Blackie Ovarian Cancer Foundation (spbocf.org), and led by a national team of experts in ovarian cancer science, treatment management, advocacy, counseling, oncology social work and psychology.